

## Siena Village Staff

Main Office: (201) 897-5400

Office Hours: 8 a.m. to 4 p.m.

**Laura Koblitz**  
Resident Director  
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**Stacy Swarts-Carver**  
Leasing Manager  
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**Karen Clemente**  
Service and Activity Coordinator  
(201) 897-5404  
KClemente@ChristianHealthNJ.org

**Sari Rosenfeld**  
Community Coordinator  
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SRosenfeld@ChristianHealthNJ.org

**Rev. Anthony Matias**  
Chaplain  
(201) 848-7507  
AMatias@ChristianHealthNJ.org

**Rolando Diaz**  
Superintendent  
(201) 897-5402  
RDiaz@ChristianHealthNJ.org

**Beauty Parlor**  
(973) 696-6970

**Security Guard**  
(201) 897-5400

## Maintenance Reminders

### Apartment Inspections

Inspections will not be held in December. They will resume in January 2025.

If you have any questions, call Rolando Diaz, Superintendent, at (201) 897-5402.

### Extermination Schedule

- Building 1, floors 1 and 2, and all common areas:  
Third Monday of the month
- Building 2, floors 1 and 2:  
Second Monday of the month
- Building 2, floors 3 and 4:  
First Monday of the month

Service is a visual inspection alternating between the kitchen/bathroom and bedroom. A Maintenance team member will accompany the exterminator. Residents should be present for the exterminator. Please call Rolando Diaz with questions at (201) 897-5402.

## Gift-Giving Policy Reminder

As we approach the holiday season, please be reminded that Christian Health has a policy that prohibits employees from accepting gifts, including monetary tips. While your thoughtfulness is appreciated, this policy is equitable to all employees. More importantly, it speaks to the principles on which Christian Health was founded. If you would like to express your appreciation for the efforts of our team, please consider making a tax-deductible contribution to the Christian Health Employee Fund. This special fund supports Employee Appreciation Day, the employee Christmas party, and other team events, as well as educational programs and opportunities for employees. Each year, the names of those who contribute to the fund are published in the Christian Health employee e-newsletter, SiteLine. Checks should be made payable to the Christian Health Foundation and marked for the Employee Fund. They can be mailed to the Christian Health Foundation at 301 Sicomac Ave., Wyckoff, NJ 07481.

**Thank you!**

To all who so generously donated to our  
Thanksgiving food drive



## Siena Village Voice December 2024

News for Siena Village of Wayne | A Christian Health Community

## Thanksgiving Luncheon Good Food and Good Friends!



Adeline Hicswa and Debbie Kurs



Cathy and Jack Behr



Doris Belschner



Rosalie Scudellari



Rose Attas-Ferrari and  
Margaret Morano



Mary DellaLana and Annie Oswald



Amy Scott and Larry Vitale

## Service Coordinator's Corner



### Holiday Toy Collection

**Holiday Toy Collection: Sunday, December 1, to Friday, December 6, main lobby**

Want to make a child's holiday magical? Please consider donating a new, unused, unwrapped toy to benefit Passaic County Children unwrapped in need. Hope Ministries will be collecting and distributing these gifts to local low-income families. Thank you in advance for your thoughtful generosity.

**Free Exercise Classes: Wednesday, December 4**

Kim Martin, OTR/L, leads free chair exercise classes focusing on chair aerobics and stretching to help older adults maintain cardiovascular health, strength, and flexibility. **Please note class will not be held on December 11, 18 or 25.**

**Blood-Draw Clinic: Thursday, December 12, at 10 a.m. in the Founders Great Room**

The Valley Hospital will hold a blood-draw clinic on the above date. Sign-up is required and will be in the Valley Hospital binder in the lobby. Residents will need their Medicare card with ID number, driver's license or other photo identification form, and a doctor's prescription. Residents will be required to complete a form for the first time. Results will be sent to their prescribing physician.

## Special Events

**De Snoep Winkle Pop-Up Shop: Tuesday, December 3, from 10:30 a.m. to 3:30 p.m. in the Founders Great Room**

Let's start our holiday shopping early with some truly unique gifts!

**Call Karen Clemente, Service Coordinator, at (201) 897-5404 to register for any of the below events.**

**Creating with Clay: Friday, December 6, at 2 p.m. Founders Great Room**

Join in to create a small dish in the shape and color of a pond with snow-covered trees surrounding it: your very own winter wonderland.

**Armchair Travel – European Christmas: Friday, December 20, at 1:30 p.m. in the library**

From England to Wales, France, Norway, Germany, Austria, Switzerland, and Italy, you'll see the bright Christmas markets, hear local choirs, share holiday traditions with families... and even play in the snow. Then enjoy the beautiful music of The Tabernacle Choir, "O Holy Night," from BBC Carols from King's and the incredibly beautiful Ukrainian Hopak Christmas dance performance. Then the best for last: "The Baby Swans" an adorable short version of Swan Lake performed by children. The performance will take your breath away!

**For below events, sign up with the flyer delivered to your door.**

**Tree Lighting: Tuesday, December 3 at 1:30 p.m. in the Founders Great Room**

Help to decorate our Siena Village tree while enjoying some sweet treats.

**The Pettets: Tuesday, December 3, at 2 p.m. Founders Great Room**

Let's get into the spirit of the season with the holiday musical entertainment of these talented ladies.

**Siena Village Holiday Party: Wednesday, December 11, at 5:30 p.m. in the Founders Great Room**

Detailed information regarding the celebration is listed on the invitation sent to you.

## Ongoing Activities

**Silver Circle Knitting Club: Mondays at 1 p.m. in the library**

**Book Club: First Thursday of the month at 2 p.m. in the library**

If you want to participate, contact Susan Masso at (201) 232-3817 or Candace Eardley at (973) 420-6759. Maximum of 12 people.

**Story Time: Mondays at 3 p.m. in the library**

Join in for a unique hour of sharing life experiences through stories.

**Men's Club: Wednesdays from noon to 3 p.m. in the Building 1 game room**

Enjoy a friendly game of cards and pleasant conversation and make new friends. Contact Ken MacDonald at (973) 997-2950 if you are interested in participating.

**Heart to Heart: Tuesday, December 17, at 6:30 p.m. in the Founders Great Room**

**Game Room: Open daily, Building 1, second floor**

Puzzles and games are available or you may bring your own.

## Afternoon at the Movies

**Call Karen Clemente, Service Coordinator, at (201) 897-5404 to sign up for movies.**

**"White Christmas" (NR): Friday, December 13, at 2 p.m. in the library**

Irving Berlin's Christmas classic starring Bing Cosby, Danny Kaye, and Rosemary Clooney. Humor, song, dance, and a whole bunch of holiday spirit!

**"It's a Wonderful Life" (NR): Friday, December 27, at 2 p.m. in the library**

Frank Capra's heartwarming masterpiece continues to endure and after 60 years remains as powerful and moving as the day it was made. Starring Jimmy Stewart and Donna Reed.

**"The Holiday" (PG-13): Tuesday, December 31, at 2:15 p.m. in the library**

Amanda lives in LA and is a movie trailer editor. Iris lives in Surrey and is a journalist. The two decide to swap houses for two weeks at Christmas, both trying to forget their troubled love lives, until love finds them anyway. Starring Cameron Diaz, Kate Winslet, Jude Law, and Jack Black.

## Faith Talk

Greetings Siena Village residents! You are cordially invited to Faith Talk on Tuesdays at 1 p.m. in the library. Faith Talk is a time to pray, learn, share, and connect with your neighbors of different backgrounds, cultures, and denominations. Join us as we continue to journey through Scripture, discovering how to apply its teachings to our everyday life.

## Sharing Jesus

**First and third Wednesday of the month at 10 a.m. in the library**

Join Ann Pope in sharing your testimonies and/or be uplifted by those of others as we honor Jesus for all He is, has done for us, and continues to do for us, proving that it is possible to have a personal relationship with God.

## Rosary/Mass

**Tuesday, December 10, at 1:30 p.m.:** Rosary in the Founders Great Room; mass immediately following.

## Social Security Award Letters are in the Mail

Social Security and Supplemental Security Income (SSI) benefits will increase by **2.5 percent in 2025**. The Social Security Act ties the annual COLA to the increase in the Consumer Price Index as determined by the Department of Labor's Bureau of Labor Statistics. Social Security and SSI beneficiaries are normally notified by mail, starting in early December, about their new benefit amount. When you receive your award letter, bring it to Sari at the desk or office so a copy can be made and kept on file for your annual recertification if necessary. Doing this now will make the process so much easier!! Please keep your letter in a safe place, since it serves as proof of current income.

## What to Know About Snow

Snow plowing at Siena Village of Wayne takes place during snowstorms of two inches or more. A maintenance team member will contact you to let you know when to move your car into a visitor parking space so that your parking space can be plowed. Once you move your car, you will need to move it back to your assigned parking space in 30 minutes. Moving resident vehicles into visitor parking before a storm is prohibited. These spaces must remain open so that they can be plowed first to allow room for residents to move their cars for plowing.

Your cooperation is critical for the safety of all residents. If you do not move your car, it may result in an additional expense. To have your car cleaned and moved by staff: sign the log book by 8 a.m., place your car keys and your check (\$20 for cars/\$25 for vans and SUVs), made payable to CHCC at Wayne LLC, in a designated envelope, and give it to our community coordinator, Sari Rosenfeld, at the main lobby desk between the hours of 8 a.m. and 4 p.m.

Keys will not be accepted outside of those hours or by any other staff. Sidewalks and common areas will be plowed and shoveled before parking spaces to allow emergency vehicles access to the building. Please do not follow the plow truck in order to have your space cleared sooner.

We want to inform you that this winter, snow plowing services at Siena Village of Wayne will be handled by an external contractor. As a result, the maintenance staff will be responsible only for moving and cleaning vehicles for those who have paid the associated fee. For a smooth and efficient plowing process, we kindly ask for your cooperation with the contractor. Please be sure to follow all parking and vehicle relocation guidelines. Thank you!



Sylvia Sands, Apartment #2308  
Gerard Limone, Apartment #2224  
George Dahab, Apartment #1201  
Teresa Chiang, Apartment #2431

## A Message from Rehab

December is here, a chill is in the air, the holidays are rapidly approaching, and 2024 is coming to a close. As winter arrives, it brings colder temperatures and the chance of inclement weather. Let's take a look at some of things to stay safe and healthy.

- Listen to your local weather reports to be prepared for any inclement weather.
  - Dress for the weather with layers of breathable fabrics, a waterproof jacket or coat, and a scarf to cover your nose and mouth and protect your lungs.
- Watch for black ice and avoid walking through snow or slush.
  - Carry a battery-powered, weather-resistant, emergency, two-way, walkie-talkie, a battery-operated radio, nonperishable food and bottled water, an adequate supply of medication, warm clothes and blankets, and a fully charged cell phone.
  - If you drive, check your battery, antifreeze levels, tire tread and pressure, and wiper blades/fluid and keep emergency supplies like a blanket, first aid kit, scraper/shovel, and subscription to AAA or Roadside Assistance.
  - Protect yourself against colds and the flu by washing your hands often, getting plenty of sleep, staying hydrated, avoiding crowds, wearing your mask in public, and getting your flu shot and COVID-19 vaccine.
- Fight winter depression by keeping in contact with family and friends, staying active and socializing, and checking on your neighbors and friends.

**Please remember that the Christian Health rehab team offers not only physical therapy but also occupational and speech therapy as well as some additional programs right here at Siena Village to promote health and wellness. We look forward to seeing you at our exercise class and wellness lectures. And as always we encourage you to reach out to us if you feel you could benefit from any of our therapy services. You can contact Kimberly Martin at (201) 848-5915 with any questions.**

## Resident Committee

**Meeting: Monday, December 2, at 7 p.m. in the Founders Great Room** (Coffee and cake will follow.)

**Bingo: Thursdays at 7 p.m. in the Founders Great Room**

**Accessory Donation: Friday, December 6, from 10 a.m. to 2 p.m. Founders Great Room**

Accepting jewelry, scarves, and handbags

**Accessory Sale: Saturday, December 7, from 10 a.m. to 3 p.m. in the Founders Great Room**

**Mike Byrnes Christmas Cheer Singalong Dance Party: Monday, December 16**


**Meet in lobby at 9:30 a.m.; bus leaves at 9:45 a.m.** Preregistration is required.





# December 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 <b>Toy Collection Week</b> Main Lobby-Through Friday, December 6</p> 	<p>2 <b>Silver Circle Knitting</b> 1 p.m. library <b>Story Time</b> 3 p.m. library <b>Resident Committee Meeting</b> 7 p.m. Founders Great Room</p>	<p>3 <b>Pop Up Shop</b> De Snoep Winkle 10:30 a.m. to 3:30 p.m. Founders Great Room <b>Faith Talk</b> 1 p.m. Library "The Pettets" &amp; Tree lighting 1:30 p.m. Founders Great Room</p>	<p>4 <b>Sharing Jesus</b> 10 a.m. library <b>Men's Club</b> 12 p.m. to 3 p.m. Game Room B1, F2 <b>Exercise Class</b> 2 p.m. Founders Great Room</p>	<p>5 <b>Book Club</b> 2 p.m. library <b>Bingo</b> 7 p.m. Founders Great Room</p>	<p>6 <b>Accessory Sale Donations</b> 10 a.m. to 2 p.m. Founders Great Room <b>Creating with Clay</b> <b>Winter Wonderland</b> 2 p.m. Founders Great Room</p> 	<p>7 <b>Accessory Sale</b> 10 a.m. to 3 p.m. Founders Great Room</p> 
<p>8</p> 	<p>9 <b>Silver Circle Knitting</b> 1 p.m. library <b>Story Time</b> 3 p.m. library</p>	<p>10 <b>Faith Talk</b> 1 p.m. library <b>Rosary Mass</b> 1:30 p.m. Founders Great Room</p>	<p>11 <b>Men's Club</b> 12 p.m. to 3 p.m. Game Room B1, F2 <b>No Exercise</b> <b>HOLIDAY PARTY</b> 5:30 p.m. Founders Great</p>	<p>12 <b>Blood Draw Clinic</b> 10 a.m. Founders Great Room <b>Bingo</b> 7 p.m. Founders Great Room</p>	<p>13 <b>Afternoon at the Movies</b> <b>White Christmas</b> 2 p.m. library</p> 	<p>14</p> 
<p>15</p>	<p>16 <b>Resident Committee</b> <b>Mike Byrnes Cheer Trip</b> Main Lobby 9:30 a.m. <b>Silver Circle Knitting</b> 1 p.m. library</p>	<p>17 <b>Faith Talk</b> 1 p.m. library <b>Heart to Heart</b> 6:30 p.m. Founders Great Room</p>	<p>18 <b>Sharing Jesus</b> 10 a.m. library <b>Men's Club</b> 12 p.m. to 3 p.m. Game Room B1, F2 <b>No Exercise Class</b></p>	<p>19 <b>More!</b> <b>Retirement Celebration</b> 2 p.m. Founders Great Room <b>Bingo</b> 7 p.m. Founders Great Room</p>	<p>20 <b>Armchair Travel</b> European Christmas 1:30 p.m. library</p>	<p>21</p>
<p>22</p> 	<p>23 <b>Silver Circle Knitting</b> 1 p.m. library <b>Story Time</b> 3 p.m. library</p>	<p>24 <b>Faith Talk</b> 1 p.m. library</p>	<p>25</p> 	<p>26 <b>Bingo</b> 7 p.m. Founders Great Room</p>	<p>27 <b>Afternoon at the Movies</b> <b>It's a Wonderful Life</b> 2 p.m. library</p> 	<p>28</p> 
<p>29</p> 	<p>30 <b>Silver Circle Knitting</b> 1 p.m. library <b>Story Time</b></p>	<p>31 <b>Faith Talk</b> 1 p.m. Library <b>Afternoon at the Movies</b> The Holiday</p>				<p>31</p> 