Saturday Sunday Monday Wednesday Tuesday Friday Thursday 10:30 Relaxing on the Porch **3** 10:30 Door Prize BINGO **4** 10:15 Corner TV Theatre: 10:30 Relaxing on the Porch with Apple Cider with Hot Chocolate 10:30 Morning Stretch 10:30 Singer Sewing machine Residents' Choice 11:00 Baking pumpkin Chocolate chip muffins 12:00 Word Scramble 10:45-11:15 Autumn Words & sewing Reminisce with 10:30-10:45 Disco Dancing 11:00 Autumn Words Within Within 10:45-11:45 Wooden Pumpkin with K&P 12:00 Harvest Candlelight 11:30 Word Puzzles Painting Craft 2:30 Worship & Communion 12:00 Sing Along with Susie Q 2:30 Game Day (Scrabble, Giant Luncheon (AUD) 11:45-12:30 Trivia with 12:00 Friday Fun Facts Service 2:30 Bingo Ramapo High School 2:30 Jazz Trio Musical 4:00 Wyckoff Church Youth Connect 4, The Game of Life, 4:00 99 Facts about Babe Ruth Students! (East Great Room) Performance (AUD) Shut the Box & More!) 6:45 Stickman 2:15-3:45 Musicals of the 50's-4:00 Reba T.V episode (YT) 4:30 Wheel of Fortune 4:00 Café Jazz relaxation & 4:00 Üpper Body Stretches 60's compilation (YT) creative coloring 4:30 1:1 chats (East Day Room)` 6:45 Game Night with Josh Gameshow episode (YT) 4:30 1:1 chats Rosh Hashanah Begins 10:30 Relaxing on the Porch 12 10:15–11:45 Activities on the 10:30 Christian Karaoke 0:30 Relaxing on the Porch 10:30-10:45 Bible Study 10:30 Door Prize BINGO 10:15 Corner TV Theatre: with Rev. Dawn with 50's Hits 11:00 Down Memory Lane: 10:30 Tactile Tables Go and Friendly Room Visits (IN2L) Residents' Choice 11-12 Crackling fireplace & 11:00 Making Kings Hawaiian 10:15 Corner TV Theatre: 10:45 Chaplain Time All About Games with K&P 11:30 Word Puzzles 10:30-11:00 Balloon Swat Autumn Sensory Spa Meatball Subs 11:00 Tabletop Sensory Residents' Choice 12:00 Word Searches 12:00 Friday Fun Facts 11-12:30 Baking Cinnamon 12:00 Word Scramble 11:00-12:00 You be the Judge 2:30 Worship Service (AUD) 11:00 Pumpkin coin bank craft 2:30 Apple Orchard Mock tail 2:30 October Birthday Raisin Muffins 2:30 Worship Service 12:00-12:45 Creative coloring Tasting Social celebration with Randy or in-house channel 591 12:00 Name 30 Orange Items 3:30 Giada makes Italian 2:30 BINGO to the soundtrack of The wedding soup on Food Network 4:00 Listen to the Beatles on John 4:00 Relaxing Piano (YT) Accardi (AUD) 2:30 Bingo Wizard of Oz on Broadway 4:00 Soothing Piano (YT) 3:30 Martha Stewart Bakes 1:30 Jeopardy Gameshow Lennon Day! 4:00 Lower Body Stretches 2:15-3:45 Paul Anka – Live in 4:30 The Match Game 4:15 "Mary's Call" Rosary group 4:30 1:1 chats 4:30 Inside the Washington episode (YT) Switzerland 2013 (YT) Gameshow Episode (YT) 6:45 Trivia/Games (IN2L) 6:45 Game Night with Josh Monument and 1:1 chats (East Day Room) 15 10:30 BINGO 14 10:30 Polka Fitness! 10:15-11:45 Activities on the 10:30 BINGO 10:30 Scenic Autumn Sunflowers 19 10:30 Door Prize BINGO 11:00 Keyboard with Theresa 10:30 Hymn Sing 10:30 Sit and Stay Fit! 10:15 Corner TV Theatre: Go and Friendly Room Visits 10:45 Chaplain Time 11:00 Baking Pumpkin 10:30 Baby Reminisce with with Cinnamon scents! 11:00 Cinnamon Residents' Choice Snickerdoodle cookies cute baby videos & rose 11:30 Diners, Drive-Ins & Dives 11:00 Tabletop Sensory Aromatherapy with hand 10:30-10:45 Stretch & Flex 10:15 Corner TV Theatre: 11:00 Pumpkin Button Sign craft 12:00 Word Scramble 12:00 Word Searches Aromatherapy 10:45-11:45 Baking Mango Residents' Choice massages 2:30 Worship Service 2:30 Learning About 12:00 Name 30 five letter words 11:30 Word Puzzles 2:30 Worship Service (AUD) 11:00 Ăutumn Coloring Pages Cake with Ann Houseplants w/ Linda & Krystal 2:30 BINGO 3:30 Kids Say the darndest 12:00 Friday Fun Facts or in-house channel 591 with Café Jazz music 11:45-12:45 Words Within 3:30 "Inside JiaHao's Plant-filled 3:30 The Ed Sullivan Show things! (YT) 2:30 Woodland Creature Tea 12:00 I love Lucy Highlights 2:15-3:45 Elvis Presley – Aloha 4:15 "Mary's Call" Rosary group 4:00 Upper Body Stretches home" (YT) Party (AUD) 4:15 Guitar with John 2:30 Resident Council from Hawaii 1973 (YŤ) 💊 4:30 1:1 chats 6:45 Trivia/Games (IN2L) 4:00 "Forest Wild Animals" the volunteer (EGR) (East Day Room) 6:45 Game Night with Josh 3:30 Wyckoff Library Visit Thanksgiving Day (Canada) Meditation & relaxation in 4K 4:30 Antiques Road Show and 1:1 chats Columbus Day (US) Sukkot Begins **23** 10:30 Kickball Fitness 10:30 Pass the Pumpkin 10:15–11:45 Activities on the (IN21) **22** 10:30 BINGO 10:30 Door Prize BINGO 11:00 Martha Stewart's 11:00 Companion Pets with 10:15 Corner TV Theatre 10:30 "Scenic Hayride" video & (IN2L) Go and Friendly Room Visits 10:45 Chaplain Time Apple Cider Aromatherapy 10:30 Timeless Toys Sensory Southern dishes & kitchen Residents' Choice Autumn Sensory Í:00 Penny Ante with K&P Reminisce 10:15 Corner TV Theatre: Reminisce 11:30 Commercials from the 10:30-10:45 Kickball 11:00 Tabletop Sensory 12:00 Finish the Phrase 11:30 Word Puzzles Residents' Choice 11:00 Baking Mini Chicken 50's & 60's 10:45-11:30 Name that tune! 11:00 Wooden Flower Frames 2:00-2:40 Bergen County Zoo 2:30 Worship Service (AUD) 12:00 Friday Fun Facts 11:30-12:45 Canada's National Pot Pies 12:00 Word Searches 12:00 Name 30 words that 2:30 Passport Travels: or in-house channel 591 12:00 Word Scramble Parks: Canadian Rockies, 2:30 Catholic Mass (AUD) 3:15 Who/What Am I? start with the letter P Germany! Learn about the 2:30 Worship Service Banff, Lake Louise and Jasper 4:00 Colorful Birds in 4K (YT) 3:45 "4K Forest & Wild Sounds" 2:30 Bingo culture, music & food! 2:15-3:45 Tom Jones Greatest 4:00 Lower Body Stretches 4:30 Johnny Carson Show 3:30 Beat Bobby Flay: S2E2 Passports Provided! Hits compilation (YT) 4:30 1:1 chats highlights (YT) 4:15 The Price is Right 4:15 "Mary's Call" Rosary group 4:00 Travelogue to Germany Gameshow Episode (YT) 6:45 Game Night with Josh 6:45 Crossword Puzzle (IN2L (East Day Room) 6:45 Trivia/Games (IN2L) with Rick Steves (YT) 10:15–11:45 Activities on the **28** 10:30 Balloon Volley 31 **29** 10:30 BINGO Heritage Manor East Great 10:30 Pass the Pumpkin 1:00 Scenic Fall National 10:30 Companion pets and cute 10:30 Hymn Sing Go and Friendly Room Visits 10:45 Chaplain Time 11:00 Unwrapped: Candy & fall animal videos Park in 4K with Cedar Candy reminisce Room/Media Room 10:15 Corner TV Theatre: 11:30 20 Tasty Fall Desserts Aromatherapy 11:00 Tabletop Sensory 11:00 In the Bible with K&P Residents' Choice 12:00 Word Searches 11:00 Making homemade 11:00 Creating with Clay 11:30 Sinatra Hits 2:30 Fall Ladies Spa Day 2:30 Worship Service (AUD) \*Activities in red take place in the media room\* Oreo Pudding max 12 & on a rotating list) 12:00 Pumpkin Fun Facts 3:00 Men's Club: Oktoberfest or in-house channel 591 12:00 Name 30 types of muffins 2:30 Campfire Sing along 12:00 Word Scramble \*Activities subject to change at any time\* vith O'Doul's and Soft Pretzels 2:30 Pumpkin Game Day! 2:30 Worship Service Wear your Orange or Red 4:00 Children say the Darndest with Dan Furnald (AUD) 4:00 Upper Body Stretches thinks (YT) 4:00 13 Levels of Pumpkin (IN2L) = Interactive Computer games (YT) = YouTube Premium 4:15 "Mary's Call" Rosary group 4:30 1:1 chats 4:30 1:1 cháts Carving (YT) and 1:1 Chats (AUD) = DeYoung Auditorium 6:45 Trivia/Games (IN2L) 6:45 Game Night with Josh

6:45 Piggy Bankers (IN2L)

Christian Health, 301 Sicomac Avenue, Wyckoff, NJ 07481

Activities subject to change or cancellation at any time

Heritage Manor Activity Office (201) 848-5869