

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

(IN2L) = Interactive Computer Games (WGR) = West Great Room (AUD) = Auditorium

# November 2024

## Heritage Manor West 4

Activities take place in Blanton Lounge unless otherwise noted



10:15 People of Faith  
11:00 Rosary  
**2:30 Musical Entertainment with Estere Diva (WGR)**



Diwali (Hindu)

2  
10:30 IN2L Games  
11:30 Light Stretch & Flex  
2:15 Bingo (WGR)




3  
10:30 Would You Rather  
11:30 Morning Stretch  
2:30 Worship Service (AUD) or in-house channel, 591

Daylight Saving Time Ends


4  
10:15 Match & Pair (IN2L)  
11:00 Noodle Fitness  
2:15 Bingo (WGR)



5  
10:15 Crafter's Corner: Fall Thankful Trees  
11:00 Hymn Sing with Lyrics  
2:15 Jeopardy Trivia




6  
10:15 Charades  
11:00 Rise & Shine Stretch  
2:15 Bocce Ball




7  
8:00 Breakfast with The Chef  
10:15 Scrabble  
11:00 Dumbbell Fitness  
2:15 Classic Cuisine: Baking Travels: Holland Dutch Apple Pie (H)

8  
*de Snoep Holiday Sale 10-4*  
10:15 People of Faith  
11:00 Rosary  
**2:30 November Birthday Celebration with Mary Taylor (AUD)**



9  
*de Snoep Holiday Sale 10-4*  
10:30 Who/ What Am I  
11:30 Stretch & Flex  
2:15 Bingo (WGR)



10  
10:30 Family Feud (IN2L)  
11:30 Light Stretch  
2:30 Worship Service (AUD) or in-house channel, 591

11  
**10:15 Honoring Our Veterans (room-to-room)**  
11:00 Rise & Shine Stretch  
2:15 Bingo (WGR)



Veterans Day  
Remembrance Day (Canada)

12  
10:15 Crafter's Corner: Pinecone Turkeys  
11:00 Choir Practice Hymn Sing with Ruth E. on Piano  
2:30 Worship & Communion Service (AUD) or in-house channel, 591

13  
10:15 Random Trivia (IN2L)  
11:00 Miniature Golf  
**2:30 Resident Council, Activity & Menu Planning Meeting (BL)**  
3:30 Matinee: "Brian Regan - Walked on the Moon" (54 min) (Stand-up comedian) (YT) (F)

14  
8:00 Breakfast with The Chef  
10:15 Wheel of Fortune  
11:00 Sit & Be Fit Stretch  
**2:15 Breakfast at Tiffany's Tea Social**




15  
10:15 People of Faith  
11:00 Rosary  
2:15 Classic Cuisine: Italian Pizza Muffins (H)

16  
10:30 Penny Bankers (IN2L)  
11:30 Morning Flex & Stretch  
2:15 Bingo (WGR)



17  
10:30 Hot Cocoa Social with music memories of the 40's and 50's  
2:30 Worship Service (AUD) or in-house channel, 591




18  
10:15 Bingo (WGR)  
**2:15 Holiday Crafts with Columbia Bank (AUD)**




19  
10:15 Crafter's Corner: Harvest Fleece Pillows  
11:00 Hymn Sing with Lyrics  
2:30 Worship Service (AUD) or in-house channel, 591

20  
10:15 Thanksgiving Scategories on Whiteboard  
11:00 Rise & Shine Stretch  
**2:30 Catholic Mass (AUD)**



21  
8:00 Breakfast with The Chef  
10:15 Noodle Ball  
11:00 Noodle Fitness  
2:15 Classic Cuisine: Cinnamon Banana Cream Cake with Ann (H)

**HAPPY BIRTHDAY BRUCE!**  
22  
10:15 People of Faith  
11:00 Rosary  
**2:30 Campfire Singalong with Dan F. (AUD)**



**HAPPY BIRTHDAY CATHERINE!**  
23  
10:30 You Be The Judge  
11:30 Stretch & Flex  
2:15 Bingo (WGR)

24  
10:30 Crossword Puzzle (IN2L)  
11:30 Morning Stretch  
2:30 Worship Service (AUD) or in-house channel, 591

25  
10:15 Press Your Luck (IN2L)  
11:00 Sit & Be Fit Stretch  
2:15 Bingo (WGR)



26  
10:15 Crafter's Corner: Maple Leaf Tree  
11:00 Choir Practice Hymn Sing with Ruth E. on Piano  
2:30 Worship Service (AUD) or in-house channel, 591  
5:00 Take-out Wyckoff Pizza Night (sign-up with an activities staff member)

27  
10:15 Thanksgiving Words Within on Whiteboard  
11:00 Rise & Shine Stretch  
2:15 Classic Cuisine: Pumpkin Pie (H)

**Happy Thanksgiving!**  
28  
10:15 Macy's Thanksgiving Day Parade (WGR)  
11:00 Elastic Band Stretch  
12:00 Traditional Thanksgiving Meal  
2:15 Lucky Strike Bowling

Thanksgiving Day

29  
10:15 People of Faith  
11:00 Rosary  
**2:15 Ladies Spa Day (BL)**  
3:30 Matinee: "Yanni - Live at the Acropolis" (YT) (F)



30  
10:30 Bible Sermon with Rev. Billy Graham (YT)  
10:45 Bible Trivia (IN2L)  
11:30 Light Stretch & Flex  
2:15 Bingo (WGR)