

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activities subject to change at any time

# November 2024

## Southgate A & C Special Care Unit



<p>10:15-10:30 Balloon Volley <b>3</b> 10:30-11:00 Praise and Worship Songs-2024 Playlist <b>11:00-11:30 Hymn Sing-Along on keyboard with Theresa</b> 11:30-11:45 20 Forgotten Cookies from the 1970's (YT) 2:30 Worship Service (AUD) or in-house channel 591 <small>Daylight Saving Time Ends</small></p>	<p>10:15-10:30 Sittercise <b>4</b> 10:30-11:00 Mix and Match Sensory Boxes 11-11:30 Top 12 Favorite Judy Garland Performances 11:30-11:45 Preppy Kitchen: Los Angeles Bakery Tour 2:15-3:15 Snoezelen Sensory 3:15-3:45 The Golden Age of American Air Travel (YT) 4-4:30 Name That Sound</p>	<p>10:15-10:30 Moving to Music <b>5</b> 10:30-11:00 Tactile Tables 11-11:30 Songs of Karen Carpenter and Cinnamon Scents 2:15-3:15 Sensory Spa and Relaxing Harp Music 3:15-3:45 Afternoon Tea at the Langham, London-Britain's Most Luxurious Hotels 4-4:30 Johnny Carson Show Highlights</p>	<p>10:15-10:30 Morning Stretch <b>6</b> 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 Snoezelen Sensory <b>2:30-3:30 "Folksongs" - Live Entertainment (C-Lounge)</b> 4-4:30 Wonders of New Jersey </p>	<p>10:15-10:30 Work out to Polka Music <b>7</b> 10:30-11:00 Songs for Singing or Listening 11-11:30 Hymns with Lyrics 2:15 Can You Name These 1960s Celebrities 3-3:30 The American History of Pizza-Compilation 4-4:30 Wonders of the Netherlands</p>	<p><b>de Snoep Holiday Sale 10-4</b> <b>8</b> 10:15-10:30 Gentle Exercise 10:30-11:00 Grocery Shopping Memories 11-11:30 Name That Animal Sound <b>2:30-3:30 November Birthday Celebration with Mary Taylor (AUD)</b> 4-4:30 The Mamas and the Papas Live Monterey Pop Festival (1967) <small>Diwali (Hindu)</small> </p>	<p><b>de Snoep Holiday Sale 10-4</b> <b>9</b> 10:15-10:30 Dancing in Your Seat Exercise <b>10:30-11:00 Guided Meditation with Stephanie</b> 11-11:30 Our Daily Bread-Reel 2 (1962) 2:15-3:15 Snoezelen Sensory 3:15 The Best of Catherine Valente and Grape Scents</p>
<p>10:15-10:30 Balloon Volley <b>10</b> 10:30-11:00 Bethel Music: Praise and Worship Songs with Lyrics 11:00-11:45 "Scenic Hayride" video and Autumn Sensory 2:30 Worship Service (AUD) or in-house channel 591 </p>	<p>10:15-10:30 Sittercise <b>11</b> 10:30-11:30 Snoezelen Sensory <b>2:15-3:15 Spanish Club: "All About Tango Music"</b> 3:15-3:45 Honoring our Veterans/Patriotic Sing-Along  4-4:30 Baby Reminisce with cute baby videos and Jazmine Scents <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>10:15-10:30 Moving to Music <b>12</b> 10:30-11:00 The Best of Frank Sinatra and Shoulder Massages 11-11:30 Storywise 11:30-11:45 Broadway Kids Dance Recital 2:30 Worship &amp; Communion Service (AUD) 4-4:30 Carpenters-Live at Budokan (1974)</p>	<p>10:20-10:50 Pet therapy with Carol and Maylee (on unit) <b>13</b> <b>10:30 Baking with Ann: Fall Chocolate Chip Spiced Cookies (A lounge)</b> 10:30-11:00 Creative Coloring and Autumn Ambience Music 11-11:45 Snoezelen Sensory <b>2:15-3:45 Baking with Ann: Fall Chocolate Chip Spiced Cookies (C lounge)</b> 4-4:30 Relaxing to Café Jazz</p>	<p>10:15-10:30 Seated Mindful Meditations with Paul Eugene <b>14</b> 10:30-11:00 Hymns with Lyrics 11-11:30 99 Facts About Babe Ruth 2:15 Table Top Sensory 3:15-3:45 Giada Makes Italian Wedding Soup on Food Network 4-4:30 Down Memory Lane: "Big Band Era"</p>	<p>10:15-10:30 Gentle Exercise <b>15</b> 10:30-11:00 Inside Washington Monuments and 1:1 Chats 11-11:30 Chuck Berry Live in Concert (1965) <b>2:30-3:30 Autumnal Tea Party and Reminisce</b> 4-4:30 Piano Blues-Clint Eastwood Documentary: Ray Charles, Dave Brubeck (YT)</p>	<p>10:15-10:30 Dancing in Your Seat Exercise <b>16</b>  10:30-11:30 Snoezelen Sensory 11:30-11:45 Forgotten TV Shows of 1959 (YT) 2:15 Sights and Sounds of Nature and Cedar Scents 2:45-3:15 Folklore and Fables 3:15-3:45 Funniest Animals Videos</p>
<p>10:15-10:30 Balloon Volley <b>17</b> 10:30-11:30 Country Gospel Songs and Hand Massages 11:30-11:45 Target Toss 2:30 Worship Service (AUD) or in-house channel 591 </p>	<p>10:15-10:30 Sittercise <b>18</b> 10:30-11:30 Snoezelen Sensory <b>2:15-3:15 Touch of Lavender with Margarita</b> 3-3:45 Wonders of Morocco-Travel Video 4K 4-4:30 Table Games and Puzzles </p>	<p>10:15-10:30 Moving to Music <b>19</b> 10:30-11:00 Words Within 11-11:30 How to Make Old Fashioned Donuts 11:30-11:45 Top 10 Neil Diamond Songs 2:30 Worship Service (AUD) 4-4:30 Sing-Along with Mitch Miller</p>	<p>10:15-10:30 Morning Stretch <b>20</b>  10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11 Hand Massages/Shoulder Massages 11:00-11:45 Lindi-Moo Sing along (YT) <b>2:30-3:30 Catholic Mass (AUD)</b> 4-4:30 A Train Journey Through Scotland's Highlands</p>	<p>10:15-10:30 Oldies Dance Fitness with Paul Eugene <b>21</b> 10:30-11:00 "Italian Grandma Makes Pizza" 11-11:30 Hymns with Lyrics 2:15-3:15 Snoezelen Sensory 3:15-3:45 Antiques Roadshow (YT) 4-4:30 The Jackson 5 Greatest Hits and Guava Scents</p>	<p>10:15-10:30 Gentle Exercise <b>22</b> 10:30-11:00 Toss and Talk Ball 11-11:30 Name foods associated with Thanksgiving <b>2:30-3:30 Campfire Sing-Along with Dan (C Lounge)</b> 4-4:30 Neil Diamond Concert-Love at the Greek (Live 1976) </p>	<p>10:15-10:30 Dancing in Your Seat Exercise <b>23</b> <b>10:30-11:30 Beauty Day with Stephanie</b> 2:15-3:15 Snoezelen Sensory 3:15-3:45 Sonny and Cher Comedy Hour (1972)-YT </p>
<p>10:15-10:30 Balloon Volley <b>24</b> 10:30-11:00 Worship Songs of Danny Gokey 11:00-11:15 Tabletop Sensory 11:15-11:45 Ree Drummond's Top 5 Casserole Recipe Videos 2:30 Worship Service (AUD) or in-house channel 591</p>	<p>10:15-10:30 Sittercise <b>25</b> 10:30-11:00 Companion Pets and Dogs and Puppies in 4K 11-11:30 Picture Books and 1:1 Chats 11:30-11:45 Down Memory Lane: "Cookbooks and Grocery Stores" 2:15-3:15 Snoezelen Sensory 3:15-3:45 Creative Coloring 4-4:30 Sing-Along with Mary Sue</p>	<p>10:15-10:30 Moving to Music <b>26</b>  10:30-11:00 Companion Pets and Cats and Kittens in 4K 11-11:45 Olivia Newton-John: Only Olivia Full Show (1977)-YT 2:30 Worship Service (AUD) 4-4:30 Down Memory Lane: "Dancing"</p>	<p>10:15-10:30 Morning Stretch <b>27</b> 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 Snoezelen Sensory 2:15 Reminiscing Corner: "Thanksgiving Day Family Traditions and Celebrations" 3-3:30 Powerful "I Am Affirmations" 4-4:30 The Carol Burnett Show</p>	<p>10:15-10:30 Workout to Accordion Music <b>28</b> <b>10:30-11:30 Macys Thanksgiving Day Parade</b> 2:15-3:15 Sensory Spa and Soothing Nature Sounds 3:15-3:45 Lawrence Welk-Thanksgiving Show (1981) 4-4:30 Best of Tonight Show with Johnny Carson <small>Thanksgiving Day</small> </p>	<p>10:15-10:30 Gentle Exercise <b>29</b> 10:30-11:00 Conversations Cards 11-11:30 Gene Kelly-Some of his Greatest Work 2:15 Creative Coloring and Enya Greatest Hits 3:15-3:45 The Sinatra Show (1958) 4-4:30 The Mamas and the Papas Live: Monterey Pop Festival (1967)</p>	<p>10:15-10:30 Dancing in Your Seat Exercise <b>30</b> 10:30-11:00 Companion Pets and Baby Animal Videos 11-11:45 Name 30 Words that Start with Letter "R" 2:15-3:15 Snoezelen Sensory 3:15-3:45 Behind the Scenes of I Love Lucy </p>