


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30-11:30 Sunshine Patio Club and Lite Hits of the 60's 2:15-3:15 BINGO 3:15-3:45 Down Memory Lane: Ice Cream Parlor Memories 4-4:30 Name 30 Red Items on the whiteboard <small>Canada Day</small>	2 10:15-10:30 Pom-Pom Fitness with Polka Music 10:30-11:30 Penny Ante 11:30-11:45 Serene Seascapes (YT) 2:30 Worship & Communion Service (AUD) 4-4:30 Baby Boomer Trivia (YT)	3 10:15-10:30 Noodle Fitness 10:20-10:50 Pet therapy with Carol and Maylee (on unit) <u>10:30-11:30 Artistic Expressions: Patriotic Fabric Visor</u> 11:30 Lindi Moo Sing-along 2:30 Musical Performance by Stephan (Patio weather permitting, or C-Lounge) 4-4:30 Finish the Phrase	4 10:15-10:30 Patriotic Sing-along 10:30-11:30 BINGO 2:30 4th of July party with light refreshments! 4:00 The USA Quiz <small>Independence Day (US)</small> 	5 <u>10:15-11:30 Grandma's Kitchen: Peach Cobbler</u> 2:15-3:30 Sweet Treats on the Patio and Vintage Summer Music playlist 4:00-4:30 Movie Trivia	6 10:15-10:30 Morning Stretch 10:30-11:00 Whiteboard Games: Stickman 11-11:45 Beach Sensory Spa 2:15-3:15 BINGO 3:15 Summertime Sounds of the 50's (YT)
7 10:15-10:30 Morning Stretch 10:30-11 The Gospel Porch- "Bluegrass Hymns" EP44.5 (YT) <u>11-11:45 Artistic Expressions: Paper Plate Seagull</u> 2:30 Worship Service (AUD) or in-house channel 591	8 10:30-11:30 Sunshine Patio Club and Bossa Nova Music 2:15-3:15 BINGO 3:15-3:45 Down Memory Lane: Presidents 4:00-4:30 Name 30 Blue Items on the whiteboard	9 10:15-10:30 Fitness Fun 10:30-11:15 A Parisian Refrain: Music from the City of Lights (YT) 11:15-11:45 Martha Stewart Bakes her favorite Summertime dishes (YT) 2:30 Worship Service (AUD) 4-4:30 Would You Rather-Summer Edition (YT)	10 10:15-10:30 Noodle Fitness 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 Lucky Strike Bowling in the Sunroom 2:30-3:30 Lemonade on the Patio and Bird Watching 4-4:30 Roll the Dice Game 	11 10:15-10:30 Balloon Volley 10:45-11:20 Chaplain Time 11:30-11:45 Random Trivia 2:15-3:15 BINGO 3:00 Person, Place or Thing? 4-4:30 Adorable animal pairs (YT)	12 <u>10:15-11:30 Grandma's Kitchen: Apple Turnovers</u> 2:30 July Birthday Party with Mary Taylor (AUD) 4-4:30 Action Charades 	13 10:15-10:30 Morning Stretch 10:30-11:30 BINGO 11:30-11:45 A Laugh with I Love Lucy <u>2:15-3:15 Artistic Expressions: Fuzzy Patriotic Wreath</u> 
14 10:15-10:30 Morning Stretch 10:30-11:00 Contemporary Christian Songs 11:00-11:15 Bible Trivia 11:15-11:45 Scattergories 2:30 Worship Service (AUD) or in-house channel 591 	15 10:30-11:30 Sunshine Patio Club and Hawaiian Music 2:15-3:15 Spanish Club: "Puerto Rico, Music and Traditions" 3:15-3:45 Creative Coloring to Café Jazz Music 4-4:30 Pictionary	16 10:15-10:30 Pom-Pom Fitness 10:30-11 Toss & Talk Ball <u>11-11:45 Artistic Expressions: Crinkle Tissue Tropical Fish</u> 2:30 Worship Service (AUD) 4-4:30 Caribbean Flags Quiz (YT)	17 10:15-10:30 Noodle Fitness 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 BINGO 2:30-3:30 Beach Party with Musical Performance by Neil (Patio weather permitting/or C Lounge) 4-4:30 Conversation Cards	18 10:15-10:30 Chair Exercises and Rock & Roll Music 10:45-11:20 Chaplain Time 11:30-11:45 Random Trivia 2:15-3:15 BINGO 3:15 Dolly Parton in Concert 4-4:30 Higher or Lower?	19 <u>10:15-11:30 Grandma's Kitchen: Chocolate Cake</u> 2:30 Pink Flamingo Patio Party with Raspberry Sorbet (Wear Something Pink!) 	20 10:15-10:30 Morning Stretch 10:30-11:30 Creative Coloring To Classical Music 11:30-11:45 Name that 70's TV theme show song 2:15-3:15 BINGO 3:15 Celine Dion in concert - A New Day (2007) 
21 10:15-10:30 Morning Stretch 10:30-11 Hillsong Worship 11:00-11:45 Lucky Strike Bowling in the Sunroom 2:30 Worship Service (AUD) or in-house channel 591	22 10:30-11:30 Sunshine Patio Club and Tropical Caribbean Beach Music 2:15-3:15 BINGO 3:15-3:45 Down Memory Lane: Seashore Memories 4-4:30 Karaoke Sing-along	23 10:15-10:30 Disco Dancing 10:30-11:00 Ring Toss Game 11-11:30 Fact or Fiction? 2:30 Worship Service (AUD) 4-4:30 Classic Car Show (YT)	24 10:15-10:30 Noodle Fitness 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 12:00 Summertime BBQ (Patio, weather permitting) 2:15-3:15 BINGO 3:15-3:45 Shoulder Massages & Lavender Aromatherapy 4-4:30 Olympic Ring Toss	25 10:15-10:30 Chair Exercises and Bing Band Music 10:45-11:20 Chaplain Time 11:30-11:45 Twenty Questions Game 2:15-3:15 Summertime Spa 3:15-3:45 Antiques Roadshow 4-4:30 Name That 50's Tune	26 <u>Kitchen: S'mores Brownies</u> 2:15-3:30 Sunning on the Patio with lemonade & Oldies hits (or Sensory Spa with Papaya Scents and music by Andréa Bocelli, if held indoors) 4-4:30 National Geographic: Birds of Paradise	27 10:15-10:30 Morning Stretch 10:30-11:30 BINGO 11:30-11:45 The Story of Ice-Cream: "1940's Breyers Ice Cream Production Film (YT) 2:15-3:45 Traveling Ice-Cream Truck through the hallways 
28 10:15-10:30 Morning Stretch 10:30-11:00 Christian Hymns of Faith 11:00-11:45 Horseshoes 2:30 Worship Service (AUD) or in-house channel 591	29 10:30-11:30 Sunshine Patio Club and Best of the 50's Music 2:15 Mock tails with Natalie 3:15-3:45 Down Memory Lane: Hair Styles 4-4:30 Ocean & Sea Life Trivia	30 10:15-10:30 Pom-Pom Fitness 10:30-11:30 Classic Toys Picture BINGO 2:30 Worship Service (AUD) 4-4:30 Who/What Am I?	31 10:15-10:30 Noodle Fitness 10:20-10:50 Pet therapy with Carol and Maylee (on unit) 10:30-11:30 BINGO 2:30-3:30 Carole King Tribute Show (AUD) 4-4:30 Mad Libs	 <h1>JULY 2024</h1> <h2>Southgate Special Care Main Lounge</h2> <p><i>*Activities subject to change at any time*</i></p>		