Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Janua Heritage Mar **A	ty 202 nor East Day R activities subject to change**	and the second sec	10:30 Join us for Activities in the East Great Room! 2:30 New Year's Celebration with Rhonda! (AUD) 6:45 Word Games	2:15 Best Firework Festival (YT)	10:30 Join us for Activities in the East Great Room! 2:30 January Birthday Celebration with Cecelia (AUD)	1 0:15 Corner TV Theatre: 4 Resident's Choice 10:30 Balloon Volley 11:00-12:00 Pictionary 12:00-12:45 Name that 40s/50s tune (YT) 2:15-3:45 Battle of Swing – (YT) Benny Goodman vs. Glenn Miller – hosted by John Packer 3:00 Resident Choice Matinee: "Breakfast at Tiffany's" (Corner TV)
Residents' Choice 2:30 Worship Service (AUD)	in the East Great Room! 2:15 Piano Hymns (YT) 2:30 One-to-One Visits with Rev. Dawn 3:00 Winter Wonderland on	in the East Great Room! 2:30 Worship & Communion Service (AUD) 4:00 Wyckoff Reformed Church Youth Group Visit	10:30 Join us for Activities in the East Great Room! 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 Elvis Presley in Concert 3:45 The Best of Elvis Presley (YT) 4:00 Room Visits 6:45 Elvis Song Stickman	in the East Great Room!	10:15 Join us for Activities in the East Great Room! 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages with Aromatherapy 3:15 Tactile Tables & 1:1 chats 3:45 Music of Luther Vandross 4:00 Room Visits	10:15 Corner TV Theatre: Resident's Choice 10:30 Balloon Volley 11:00-12:45 Game Day (Assorted tabletop games & Bowling) 2:15-3:45 Top 30 Catchiest Songs from Classic Movie Musicals (YT) 3:00 Resident Choice Matinee: "Elvis, Jailhouse Rock" (Corner TV)
Go and Friendly Room Visits 10:15 Corner TV Theatre: Residents' Choice 2:30 Worship Service (AUD)	2:15 Hillsong Worship (YT) 2:30 One-to-One Visits with Rev. Dawn	in the East Great Room! 2:30 Worship Service (AUD) 4:00 Room Visits 6:45 Penguin Bowling	15 10:30 Join us for Activities in the East Great Room! 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 Rick Steves: Best of the Alps (YT) 3:45 Music of Chicago 4:00 Room Visits 6:45 Word Games	10 :30 Join us for Activities in the East Great Room! 2:15 Cozy Winter Days Embroidering and Baking 2:45 Rick Steves: Places To Visit In Greece (YT) 3:15 Top 50 Greatest Movie Scenes of All Time 3:45-4:00 Hooked on Swing 6:45 Resident's choice concert	17 10:15 Join us for Activities in the East Great Room! 2:30 Live Musical Entertainment with Mary Taylor (EDR)	18 10:15 Corner TV Theatre: Resident's Choice 10:30 Balloon Volley 11:00-11:30 Who/What Am I? 11:30-12:45 Creative Wintertime Coloring to Café Jazz music 2:15-3:45 2023 Nobel Prize Concert (YT) 3:00 Resident Choice Matinee: "Casablanca" (Corner TV)
Go and Friendly Room Visits 10:15 Corner TV Theatre: Residents' Choice 2:30 Worship Service (AUD)	10:15 Join us for Activities 20 in the East Great Room! 2:15 Gospel Hymns (YT) 2:30 One-to-One Visits with Rev. Dawn 3:00 Winter Wildlife in 4K with Hand/Shoulder Massages 3:45 Ballads of 1950's 4:00 Room Visits Martin Luther King Jr. Day	in the East Great Room! 2:30 Worship Service (AUD) 4:00 Room Visits 6:45 Horseracing with Josh	in the East Great Room! 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 Comedy Classics: "Carol Burnett Show 3:45 The Best of Anne Murray 4:00 Room Visits 6:45 Word Games	10:30 Join us for Activities in the East Great Room! 2:15 Historical Cooking: Dinner 200 Years Ago 2:45 Bob Ross: Winter Frost 3:15 Karaoke Sing-long to hits of the 40s & 50's (YT) 3:45-4:00 The Temptations Greatest Hits 6:45 Resident's choice concert	in the East Great Room! 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages with Aromatherapy 3:15 Companion Pets & 1:1 chats 3:45 The Best of Paul Anka 4:00 Room Visits	25 10:15 Corner TV Theatre: Resident's Choice 10:30 Balloon Volley 11:00-12:45 Game Day 2:15-3:45 Paul Anka, Live in Switzerland (EDR) 3:00 Resident Choice Matinee: Singin' in the Rain (Corner TV)
Go and Friendly Room Visits 10:15 Corner TV Theatre: Residents' Choice 2:30 Worship Service (AUD) Australia Day (Observed)	2:15 Peaceful Hymns (YT) 2:30 One-to-One Visits with	2:30 Worship Service (AUD) 4:00 Room Visits 6:45 Winter Charades	29 10:30 Join us for Activities in the East Great Room! 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages 3:15 Most Beautiful Train Journey in Switzerland 3:45 The Best of Carole King 4:00 Room Visits 6:45 Word Games Chinese New Year (Year of the Snake)	and Structures 3:15 Comedy Classics: "The Honeymooners" 3:45-4:00 Burt Bacharach Greatest Hits 6:45 Resident's choice concert	10:15 Join us for Activities in the East Great Room! 2:15 Snoezelen Sensory Hour & Hand/Shoulder Massages with Aromatherapy 3:15 Adorable Babies & 1:1 chats 3:45 Patsy Cline Hits 4:00 Room Visits	Abbreviation Key: (AUD) = De Young Auditorium (EDR) = East Day Room (EGR) = East Great Room (IN2L) = Interactive Computer (YT) = YouTube Premium

Christian Health, 301 Sicomac Avenue, Wyckoff, NJ 07481

Activities in red take place in the East Media Room

Heritage Manor Activity Office (201) 848-5869