

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

****Activities subject to change at any time****

February 2025

David F. Bolger Post-Acute Care Unit (PACU)


Activities take place in Blanton Lounge unless otherwise noted



10:15 Light Stretch & Flex (BL)
 11:00 Lucky Strike Bowling (BL)
 2:15 **BINGO** (WGR)



2
 10:30 Would You Rather (BL)
 11:15 Morning Stretch (BL)
 2:30 Worship Service (AUD)
Friendly volunteer visits & Afternoon Activity Cart



Groundhog Day

3
 10:15 Assorted Table & Board Games (BL)
 11:00 Sit & Be Fit Stretch (BL)
 2:15 **BINGO** (WGR)


4
 10:15 Crafter's Corner: Valentines Mobile (BL)
 11:00 Piano With Ruth E. (BL)
 2:30 Communion Service (AUD)



5
 10:15 Paper Airplane Contest (BL)
 11:00 Rise & Shine Stretch (BL)
 2:15 Classic Cuisine: Chocolate Fondue (H)
Friendly volunteer visits & Afternoon Activity Cart

6
 10:15 Pictionary on Whiteboard (BL)
 11:00 Elastic Band Stretch (BL)
 2:15 Afternoon Stretch (BL)
 2:30 Bocce Ball (BL)
Friendly volunteer visits & Afternoon Activity Cart

7
 10:15 People of Faith (BL)
 11:00 Rosary (BL)
2:30 February Birthday Celebration with Jerry Castaldo (AUD)




8
 10:15 Press Your Luck (IN2L)
 11:00 Stretch & Flex (BL)
 2:15 **BINGO** (WGR)

9
Super Bowl Sunday

 10:30 Penny Ante (BL)
 11:15 Light Flex & Stretch (BL)
 2:30 Worship Service (AUD)
 6:30 Super Bowl Kick-off (F)
Friendly volunteer visits & Afternoon Activity Cart

10
 10:15 Family Feud (IN2L)
 11:00 Dumbbell Fitness (BL)
 2:15 **BINGO** (WGR)



11
 10:15 Crafter's Corner: Valentine Heart Sun Catchers (BL)
 11:00 Christian Karaoke (IN2L)
 2:30 Worship Service (AUD)

12
 10:30-11 A visit with Eastern Christian students
 11:00 Valentine's Words within (BL)
 3:45 "Brian Regan Stand-up Comedy Full HD" (1 hr.) (F)
Friendly volunteer visits & Afternoon Activity Cart
 Tu B'Shevat Begins

13
 10:15 Noodle Ball (BL)
 11:00 Noodle Fitness (BL)
 2:15 Classic Cuisine: Homemade Valentine's Day Chocolate for Loved Ones (H)
Friendly volunteer visits & Afternoon Activity Cart

14
 10:15 People of Faith (BL)
 11:00 Rosary (BL)
2:30 Valentine's Day Party with Mike Nosal (AUD)



Valentine's Day

15
 10:15 Crossword Puzzle (IN2L) (BL)
 11:00 Morning Stretch (BL)
 2:15 **BINGO** (WGR)

16
 10:30 Name That Tune (BL)
 11:15 Stretch & Flex (BL)
 2:30 Worship Service (AUD)
Friendly volunteer visits & Afternoon Activity Cart



17
 10:15 Presidential Trivia & Fun Facts! (BL)
 11:00 Morning Mindfulness Stretch (BL)
 2:15 **BINGO** (WGR)

Presidents' Day (U.S.)

18
 10:15 Crafter's Corner: Floral Wooden Trivet Craft (BL)
 11:00 Piano With Ruth E. (BL)
 2:30 Worship Service (AUD)

19
 10:15 Wheel of Fortune (BL)
 11:00 Stretch, Flex & Kickball (BL)
 2:15 Classic Cuisine: Silky Custard Cake with Ann (H)
Friendly volunteer visits & Afternoon Activity Cart

20
 10:15 Press Your Luck (IN2L)
 11:00 Sit & Be Fit Stretch (BL)
 2:15 Afternoon Flex (BL)
 2:30 Scavenger Hunt Around the Unit
Friendly volunteer visits & Afternoon Activity Cart

21
 10:15 People of Faith (BL)
 11:00 Rosary (BL)
2:30 Musical Performance with Alan Gross (WGR)




22
 10:15 Charades (BL)
 11:00 Light Flex & Stretch (BL)
 2:15 **BINGO** (WGR)

23
 10:30 Various Trivia games (IN2L) (BL)
 11:15 Morning Stretch (BL)
 2:30 Worship Service (AUD)
Friendly volunteer visits & Afternoon Activity Cart

24
 10:15-11:15 Lucky Strike Bowling (BL)
 11:00 Noodle Fitness (BL)
 2:15 **BINGO** (WGR)

25
 10:15 Crafter's Corner: Watercolor Animal scenes
 11:00 Christian Karaoke (IN2L) (BL)
 2:30 Worship Service (AUD)

26
 10:15 Rise & Shine Stretch
 11:00 Reading Reflections & Bible Trivia with Rev. Dawn Rivers (BL)
 2:30 Catholic Mass (AUD)
 3:30 Stretch & Flex (F)
Friendly volunteer visits & Afternoon Activity Cart



27
 10:15 Jeopardy Trivia (BL)
 11:00 Dumbbell Fitness (BL)
2:30 Sweetheart Tea & Dessert Social (WGR)
Friendly volunteer visits & Afternoon Activity Cart

28
 10:15 People of Faith (BL)
 11:00 Rosary (BL)
 2:15 Classic Cuisine: Lemon Cake with Ann (H)

Ramadan Begins

Abbreviation Key
 (BL)- Blanton Lounge
 (WGR)- West Great Room
 (AUD)- Auditorium
 (IN2L)- Interactive Computer Games
 (YT)- YouTube Premium
 (H)- Hearth Kitchen area
 (F) = Fireplace TV

