

Committed to Meeting the Needs of Our Community



2022 Annual Report





Communities

Independent Living

Evergreen Court

Hillcrest

Independent Living Plus

Siena Village of Wayne

Summer Hill of Wayne

THE VISTA

Continuing Care Retirement Community

Assisted Living

Longview

Premier Assisted Living

Courtyard at Longview

Memory Care Assisted Living

Skilled Nursing Care

Heritage Manor

Compassionate Skilled Nursing Care

Southgate Special Care

Compassionate Skilled Nursing Care

Services

Rehabilitation

Bolger Short-Term Rehab

Physical, Occupational, and Speech Therapy

Outpatient Rehabilitation

Mental Health

LiveWell Counseling

Gracepoint

Partial-Hospitalization and Intensive Outpatient Program

Home Health Services

Home Care Options

Counseling, Housing, and Education

NewBridge Services*

Hospital

Mental Health

Ramapo Ridge Behavioral Health

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THE 2022 ANNUAL REPORT IS PUBLISHED BY THE CHRISTIAN HEALTH MARKETING TEAM.

Christian Health is blessed to provide management services to Holland Christian Home in North Haledon, NJ.

*Pending approval from the State of New Jersey.

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Dear Friends,

Christian Health enjoyed a fruitful year in 2022. We celebrated many exciting achievements, welcomed new partnerships, and expanded our scope of services to include home health care. We are so grateful to continue our mission and to grow and enhance our ability to provide our community with exceptional and compassionate care.

We celebrated the one-year anniversary of The Vista, our premier continuing care retirement community, which is thriving and continuing to welcome happy residents. The Vista was recognized with several accolades this year, including the Argentum 2022 Senior Living by Design Award, which praised our newest community for its beautifully innovative and inspiring design. Our other communities were also honored to receive various high ratings, awards, and stellar inspection results – a testament to our mission to provide only the highest-quality care.

We continued the expansion and redesign of Southgate Special Care, our therapeutic environment for adults with behavioral disturbances associated with Alzheimer’s disease, other types of dementia, and neurological impairments, with extensive upgrades and a 3,000 square-foot addition to significantly improve patient experience and increase available space so that we can extend our care to even more older adults who need it.

This year Home Care Options joined Christian Health. Through this mutually beneficial new relationship, we can provide the valuable resource of home health care to even more individuals, on our campuses in Wayne and Wyckoff as well as in the various communities that we serve. We are looking forward to a collaboration with NewBridge Services, a nonprofit provider of counseling services, housing, and educational programs. We are excited to see how sowing these seeds of growth will help us to serve even more individuals as the hands of Christ.

The past year has brought us many blessings and opportunities to continue our mission. We could not do it without the support and generosity of our community, the hard work and dedication of our team members and volunteers, and the trust of our patients, residents, and clients, whom we are so proud to serve.



Douglas A. Struyk, CPA, LNHA
PRESIDENT AND CEO



Rick DeBel
CHAIR, BOARD OF TRUSTEES

In Memorium - Dr. Edward Nieuwenhuis, Sr.



Christian Health honors the life and immense contributions of former Christian Health board member and chair Dr. Edward Nieuwenhuis, Sr., who passed away in 2022 and was well-known in our community for his faith, love for his family, and skills as a podiatrist. He was a member of the Christian Health medical team and served for nine years as a member of our board of trustees, including many years as its chair. In addition to his dedicated service to Christian Health, Dr. Nieuwenhuis Sr. was a member of the medical team at The Valley Hospital, the American Podiatric Medical Association, and the New Jersey Podiatric Medical Association. He expressed his devotion to his faith as a member of the Ebenezer Netherlands Reformed Church in Franklin Lakes and as a loving and faithful husband, brother, father, grandfather, and great-grandfather. We are sincerely grateful for Dr. Nieuwenhuis Sr.’s service to our community and all he contributed to our mission to provide compassionate care.

2022 Highlights

New Jersey Family readers voted Christian Health a finalist for Best Senior Living Community in the Garden State!

Longview Premier Assisted Living achieved the Advanced Standing status designation from the New Jersey Department of Health for the eleventh consecutive year!

Siena Village of Wayne achieved a spotless New Jersey Department of Community Affairs inspection as a result of our outstanding team's careful attention to all areas of the beautiful community and their dedication to the safety and well-being of our Siena Village residents.

Our communities Heritage Manor, Longview Premier Assisted Living, and Bolger Short-Term Rehab received 2022 Pinnacle Customer Experience Awards™ from Pinnacle Quality Insight, a national customer-satisfaction firm focused on long-term and post-acute care quality.

Heritage Manor and Southgate Special Care received an excellent evaluation in an infection-control survey by the New Jersey Department of Health, with a highly complimentary report and positive feedback from the surveyor, with no deficiencies!

Christian Health was ranked #2 in the state of New Jersey in Newsweek's 2023 Best Nursing Homes, based on performance data, peer recommendations, and the handling of the COVID-19 pandemic.

Hillcrest achieved 100% compliance with all NJ Department of Community Affairs requirements during their annual survey – the only facility visited by this surveyor during 2022 to receive a deficiency-free outcome!

Christian Health introduced "Humanizing X: Joy and Empathy at Work," an interactive session designed to support a culture of openness, empathy, and innovation for all of our team members.

Home Care Options joined Christian Health to expand our organization's scope of services to include home health care on our campuses in Wayne and Wyckoff and in the various communities that we serve.

Christian Health entered into an agreement with the Holland Christian Home, our long-standing neighbor in North Haledon, to manage their continuing care retirement community operations.

The Vista received the Argentum 2022 Senior Living by Design Award for its beautifully innovative and inspiring design, which promotes "a sense of community and connection to nature."

The Vista received the Achievement in Planning Award from the New Jersey Planning Officials, honoring the unique planning that went into the construction of the community, which sits in two municipalities.

We celebrated the one-year anniversary of The Vista being open for residents on our Wyckoff campus!

Our 33rd Annual Golf classic was held at The Golf Club at Mansion Ridge.

Our annual Simply Spring event was held at the Indian Trail Club, with a fun baseball theme and an online auction.

Our annual A Celebration of Excellence gala honored Columbia Bank, Columbia Bank Foundation, and our corps of legacy volunteers with the David F. Bolger Award for Service and Leadership.

Caroline Silva, Volunteer Coordinator at Christian Health, was awarded Caregiver of the Year by HCANJ for her innovation, passion, hard work, and contribution to our mission to provide meaningful and compassionate care.

Catholic Charities for the Diocese of Paterson Department for Persons with Disabilities (DPD) presented Christian Health with the Public Servant of the Year Award.

HCANJ Honors Caroline Silva with Caregiver of the Year Award

The Health Care Association of New Jersey (HCANJ) has honored Caroline Silva with the Caregiver of the Year Award for her outstanding contributions to the long-term care profession. Through her innovation, passion, and friendliness, Caroline consistently surpasses all expectations to help provide compassionate care to residents and patients.

"I am so grateful not only for this honor but also for the ability to get up and do something I love every day," she said.

Caroline oversees our volunteer program and recruits and manages over 175 volunteers each year. Volunteers add tremendous value at Christian Health by contributing to key staff projects and activities on our Wyckoff and Wayne campuses. "Our volunteers bring joy to the residents and patients," she said. "It's so inspiring to see what a difference they make in their lives."

Caroline is a huge proponent of the positive effect volunteering has on all involved and represents Christian Health at numerous health fairs and volunteer outreach events to share information about volunteer opportunities and the joys of volunteering. Her efforts enrich the lives of our residents and patients through the recruitment of passionate volunteers to brighten their day.

"Christian Health is so grateful for our volunteers, who deliver our mission with integrity and compassion," Caroline said. "A common theme I hear from our volunteers is that they are getting so much more out of volunteering than they are giving. I remind them – you are really making an incredible impact on each and every resident and patient you serve."



Congratulations Caroline and thank you for your dedication to the mission of Christian Health!

Christian Health's Legacy Volunteers Made an Impact in 2022

Christian Health's volunteers are so generous with their time and talents for the benefit of our residents, patients, clients, and team members. Our legacy volunteers were enthusiastically welcomed back in person in 2022 in all buildings on our campus. Individuals and volunteer community groups brought their positive energy and passion for volunteerism to Christian Health, making such an inspiring impact in the lives of our patients, residents, and team members.

Christian Health legacy junior volunteers (age 13 to 17) served in a variety of ways, including group activities and games, such as bowling and bingo, as well as friendly one-on-one visits with residents. These opportunities enable volunteers to discover their talents, explore career options, learn new skills, gain self-confidence, and embody Christian Health's mission and vision. Other volunteer highlights in 2022 include visits from our certified therapy dogs, who provide

love and comfort to our patients and residents on all of our Wyckoff campus communities. Our pet therapy program is so special, and the connection that our therapy dogs have with our patients and residents is profound.

Community groups performed in person in our independent living communities. Superior new programming through community volunteers was debuted in the Performing Arts Center at The Vista. Performances ranged from a tap-dancing seniors' group to trivia competitions to an incredible musical performance from students of The Juilliard School's music program. Juilliard students benefited from practicing their impressive program in preparation for their international competitions. At Hillcrest, residents received lovely donations of beautifully wrapped large-print books from members of the Greek Orthodox Church Book Group and held discussions about new authors they had not had the opportunity to read.

Adult Volunteers

Andrew M. Aran
Bruce H Balkema
Christine Becker
Arlene Bennett
Christina Bergen
Bruce Bohuny, Jr.
Mike Bojcik
John Borduin
Ann Borduin
Linda Brock
Stacy Burnett
Patricia Burwitz
Lucie Caccavale
Gabiella Cali
Ralph Chamberlin
Sue Chandler

Holly Chappell
Grace Cho
Patricia Christian
Jim Christopoulos
Michele Christopoulos
Al Coldon
Caitlin Conlon
Diana Connolly
Lorraine Coops
Benjamin Costa
Ally Costello
Helena De Almeida
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Beverly Den Hollander
George DeRitter

Judy DeRitter
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Henry J. Driesse
Michael Dykhous
Thomas G. Dykhous
Maryanne C. Elsaesser
Michaela Farrell
Alexa Fenners
Patricia Fesen
Bob Fink
Janet Garzieri
Rev. Rodney Gorter
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Bill Howes
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Nancy Kern
Cindy Kiefer
Min Kim
Carol Kivatisky
Matthew Klemchalk
Donald J. Klingen
Marion Klingen
Matthew D. Kuiken
Karen Kutlick
Trudy Lier
Ted Louie
Al Lowitt



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 Matthew Mangibin
 Deborah Mangot
 Francesca Manniello
 Kathy Marsico
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 Sean Yazdi

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 Emily Barbire
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 Chloe Chen
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 Grace Gilbert
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 Pauline Tsui



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The Christian Health Foundation thankfully acknowledges the following individuals, churches, corporations, small businesses, community-based organizations, foundations, estates and bequests, and matching-gift organizations for their support of Christian Health between January 1 and December 31, 2022.

To make a donation to the Christian Health Foundation, contact Sue Kelly at (201) 848-5799 or SKelly@ChristianHealthNJ.org, or visit ChristianHealthNJ.org/Donate.

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Christian Health's Simply Spring

Christian Health's Simply Spring themed event, "It Takes a Team," was held on Thursday, April 28, 2022, at Indian Trail Club. The record-breaking event raised over \$112,000 in support of the 2022 Annual Fund to further expand and enhance our mental health services and support our Good Samaritan Fund. Over 260 guests enjoyed fun and fellowship, donning their favorite casual baseball attire and bidding on over 70 auction items, as we gathered in-person for the first time in two years!

The evening included a special virtual presentation from MLB legend Darryl Strawberry and his wife Tracy as well as a special slideshow featuring Christian Health staff, highlighting the event theme "It Takes a Team."



Annual Fund



“Every single member of our community – our family, friends, and neighbors – is coping with unique personal challenges as a result of the pandemic. Quarantine, social isolation, unique work and school situations, burnout, parenting and relationship challenges, substance use disorders – no one has moved through this global pandemic unscathed.”

Alexis Totaro, MSN, RN, WHNP-c, CARN-AP, Christian Health Vice President/ Administrator of Mental Health Services

The National Alliance on Mental Illness reports that 1 in 5 Americans lives with a mental health condition. These conditions are real, common, and more prevalent because of the pandemic. Diagnosis, treatment options, social support, education, and training are more important than ever.

Since the pandemic began, the demand for our LiveWell Counseling services has dramatically increased.

The generosity of our donors enable Christian Health to continue our legacy to serve the community. Contributions to the 2022 Annual Fund, supported our efforts to:

- Provide greater access to mental health care
- Enhance mental health training and resources
- Elevate awareness and education around mental health for members of the community
- Increase support for our Good Samaritan Fund, which supports our commitment to never turn anyone away because of an inability to pay

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A Celebration of Excellence Gala

Christian Health hosted its A Celebration of Excellence gala on October 26, 2022, at The Venetian in Garfield. It was a privilege to honor the cherished corps of Christian Health volunteers for their steadfast support as ambassadors of our mission. In addition, we honored Columbia Bank and the Columbia Bank Foundation with the prestigious David F. Bolger Award for Service and Leadership. Their commitment to service excellence and community leadership is exceptionally noteworthy; it was inspiring to celebrate "Team Columbia." We posthumously honored the late Dr. Adnan Khan, a Christian Health physician and medical team member, with The Van Grouw Award for Clinical and Mission Excellence. The gala was a very meaningful and successful event, raising over \$300,000 to benefit our 2022 Annual Fund. This year's gala marks the second-highest funds raised in the history of A Celebration of Excellence, which had its inaugural event in 2013. Visit www.bit.ly/ACelebrationofExcellence to view the special tribute videos and photo gallery.



Christian Health's Annual Golf Classic

Christian Health's 33rd Annual Golf Classic, held on Monday, June 13, 2022, at The Golf Club at Mansion Ridge in Monroe, New York, was a success, raising over \$136,000 to benefit Christian Health's 2022 Annual Fund. This year's golf outing sold out quickly, with 130 golfers, 48 sponsors, and 20 volunteers for a fun and safe day of golf and fellowship.

Master Golf Sponsor was LECESE Construction. Classic sponsors included Atlantic, Tomorrow's Office, Eventus Strategic Partners, Kuiken Brothers Inc., and PharmScript. Windels Marx was the Front and Back Nine Sponsor.

Each year, volunteers from the Golf Classic Committee organize the annual outing for Christian Health. The committee is cochaired by Rick De Bel and Edward Nieuwenhuis, Jr., DPM. Committee members included Darcy Bickert, John Gunther, Sue Kelly, Don and Marion Klingen, Carl Rizzo, Esq., Gordon Stanley, and Ellsworth P. Whiteman.

To view the gallery of photos and a special video of the 33rd Annual Golf Classic, visit ChristianHealthNJ.org or visit Christian Health's Facebook page. To be added to our event invitations list, call (201) 848-5796 or email Events@ChristianHealthNJ.org.



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Clinton Avenue Reformed Church,
Bergenfield
New Life Ministries Christian
Reformed Church, Hewitt
Pompton Plains Reformed Bible
Church, Pompton Plains
Preakness Reformed Church, Wayne
Ridgewood Christian Reformed
Church, Ridgewood
United Reformed Church, Clifton

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1792 Wealth Advisors
A2Z Records and CDs
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American Sons Locksmith, Inc.
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Atlantic, Tomorrow's Office
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Estate of Marie E. Hogdson
June and Glenn Reitmeier Estate
Estate of John Vandersluys

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AIG Matching Grants Program
Benevity Community Impact Fund
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Pfizer Foundation
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- Giving direct annual gifts or recurring gifts by check or credit card, allocated to the Annual Fund or a specific program
- Using your employer's matching gift program to double or triple your gift
- Using the Grateful Patient Program to express appreciation for care received at Christian Health
- Supporting Christian Health's Employee Fund to recognize our staff
- Hosting your own peer-to-peer fundraiser on behalf of Christian Health
- Supporting, sponsoring, or attending a Christian Health Foundation-produced fundraising event
- Becoming a Member or Friend through Christian Health's Membership Program
- Giving tribute gifts in memory or in honor of a special person or occasion
- Giving grants, gifts of stock, or legacy/planned gifts through bequests, gift annuities, or charitable trusts

Donate to our 2023 Annual Fund

Your gift will enable Christian Health to:

- Meet the increased demand for mental health services and provide greater access to care
- Enhance mental health education and awareness for our staff and members of the community
- Increase support for our Good Samaritan Fund, which enables us to never turn anyone away because of an inability to pay

To make a tax-deductible gift or pledge to our annual fund, contact Sue Kelly at **(201) 848-5799** or **SKelly@ChristianHealthNJ.org** or scan our QR Code.



Open Camera
Scan Code

The Vista Update



In 2022 The Vista celebrated its one-year anniversary. The community continues to buzz with the energy of its residents, the dedication of its team members, and the excitement of new prospective residents. Resident satisfaction surveys rank The Vista in the 88th percentile compared with other continuing care retirement communities across the country. Throughout the year, countless events were held and memories were made. The Vista Dining team launched a successful and sought-after Sunday brunch dining option. The Vista Performing Arts Center hosted musicians and performers from across the state and beyond. Many meals, laughs, bridge games, fitness classes, and cocktail parties were enjoyed. And Vista residents began taking group trips in the new Vista bus.



The year closed with 126 apartment homes occupied, and The Vista team looks forward to welcoming new residents to the community in 2023.

As of December 31, 2022, there were 163 residents living in The Vista, including 65 new residents occupying 126* apartment homes. The Vista is fully compliant with financing covenants governing occupancy and the use of cash from operations and reserves as of December 31, 2022. In accordance with requirements of the NJ Department of Community Affairs, annual financial disclosures for The Vista are available at ChristianHealthNJ.org/About-Us/Publications.



Financial Report

	2022	2021
Christian Health billed for resident, patient, client, and consumer care in our senior life, short-term rehab, and mental-health services	\$105,934,559	\$105,598,138
and also received for other services and from other sources	5,005,932*	4,839,566*
for a total of:	110,940,491	110,437,704
However, since Medicaid and others pay substantially less than what we charge, and some are not able to pay for their care at all, Christian Health did not collect**	(26,889,739)	(29,764,981)
that left net revenues of	84,050,752	80,672,723
These revenues were used to pay for salaries, wages, and employee benefits;	59,307,734	56,946,189
other operating expenses, such as food, utilities, and insurance;	16,818,640	15,584,502
and interest and depreciation	7,367,535	7,076,406
In addition, we had net investment activity of	540,793	864,549
As a result, Christian Health (excluding The Vista) received these net revenues that exceeded expenses and will be used to renovate and expand our facilities and make payments toward our long-term debt.	\$1,097,636	\$1,930,175

*In 2021 and 2022, Christian Health sought and received significant funds through various relief programs offered through the United States Department of Health and Human Services (HHS), specifically under the CARES (Coronavirus Aid, Relief, and Economic Securities) Act Provider Relief Fund, and FEMA (Federal Management Agency) Disaster Relief Fund. These funds provided reimbursements for COVID-related losses in revenue resulting in a decrease in patient volume and services rendered, as well for COVID-related expenses including amplified PPE procurement, additional safety and testing equipment, and employee retention credit.

Fundraising and public/private grants provided – \$2,884,056 during 2022 and 2021, respectively, that were used for capital improvements and other nonoperating needs.

**The founding fathers of Christian Health established a facility that provided compassionate mental-health services for all individuals, regardless of ability to pay. Today, Christian Health continues this commitment based on an individual's circumstances. Collectively in 2020 and 2021:

- \$857,300 of charity care provided for patients and clients of our mental health services and individuals in our senior-life residences.
- Additionally, Christian Health absorbed \$8,630,800 due to the unpaid cost of Medicaid, public programs, and other indigent-care programs.
- For the broader community, Christian Health participated in health fairs, presentations, and workshops; invited various organizations to utilize Christian Health meeting space; and joined efforts to improve neighborhoods' overall environments. These activities equated to \$92,500.
- Collectively, non-billed care and services for the community totaled \$9,580,600.

2022 Statistics | Christian Health

EMPLOYEES

Full-time	599
Part-time	150
Per-diem	85

PHYSICIANS

Active staff	12
Associate staff	40
Courtesy staff	12
Emeritus	9

COMMUNITY BENEFITS

Community benefits provided to the broader community include financial contributions to support local, state, and national organizations. Community benefits also include the costs of delivering services to other populations through health promotion and education, community health-improvement events, and community-building activities and events. It also includes the costs of traditional charity care for uninsured patients, programs such as free clinics and meal provisions (Meals on Wheels) for which a patient is not billed, and cash and in-kind donations of equipment, supplies, or staff time volunteered on behalf of the community.

Communities, Services, and Hospitals

SENIOR LIFE

Heritage Manor

Number of rooms	103
Resident capacity	174
Resident days of care	78,249
New residents welcomed	80

Evergreen Court

Number of apartments	40
Resident capacity	42
Resident days	13,913
New residents welcomed	4

The Vista

Number of apartments	161
Occupied apartments	126*
New residents welcomed	65

Southgate Special Care

Number of rooms	23
Resident capacity	44
Resident days of care	12,097
New residents welcomed	5

Siena Village of Wayne

Number of apartments	250
Resident capacity	272
Resident days	91,008
New residents welcomed	27

Longview

Number of suites	80
Resident capacity	95
Resident days of care	25,486
New residents welcomed	49

Summer Hill of Wayne

Number of apartments	163
Resident capacity	180
Resident days	58,299
New residents welcomed	8

Hillcrest

Number of studios	31
Resident capacity	39
Resident days	10,070
New residents welcomed	14

Bolger Short-Term Rehab

Number of rooms	42
Patient capacity	80
Patient days of care	17,330
Admissions	777
Outpatient visits	1,330

MENTAL HEALTH

Ramapo Ridge Behavioral Health

Number of rooms	29
Patient capacity	58
Patient days of care	15,109
Admissions	871

Gracepoint Partial-Hospitalization and Intensive Outpatient Program

Discharges	217
New clients	226
Client days of care	4,358

LiveWell Counseling

Active clients	4,440
Client visits	45,290

Satisfaction Surveys: How We Rate Among Those We Serve

A top priority for Christian Health is fulfilling the needs of our residents, patients, clients, consumers, and their families. Information collected through satisfaction surveys is an invaluable tool utilized to determine those needs – and if we are meeting or exceeding them. Survey data are reviewed and analyzed, and the feasibility of suggested modifications as guidance for implementing new practices and procedures is evaluated.

Surveys for Heritage Manor, Longview, Ramapo Ridge Behavioral Health, and Southgate Special Care were distributed and analyzed by national companies that conduct surveys in similar healthcare organization. Satisfaction surveys for Evergreen Court, Hillcrest, Siena Village of Wayne, and Summer Hill of Wayne are conducted internally by our Service Excellence/Patient-Resident Experience Department. These results are computed as a score between 0 and 100.

Average scores for 2022 were as follows:

Senior Life

- Heritage Manor/Southgate Special Care: 4.38 out of 5.0
- Longview: 88.9 percentile
- Hillcrest: 95.45 points out of 100
- Evergreen Court: 91.24 points out of 100
- Siena Village of Wayne: 93.31 points out of 100
- Summer Hill of Wayne: 86.82 points out of 100
- The Vista: 4.65 points out of 5.0

Mental Health

- Ramapo Ridge Behavioral Health Adult Unit: 93rd percentile
- Geriatric Unit: 100th percentile
- Gracepoint: 92 points out of 100
- LiveWell Counseling: 95 out of 100 points

Accreditations and Recognition

- Gold – Excellence in Quality Award from the American Health Care Association/National Center for Assisted Living (Heritage Manor and Longview)
- 5-Star Quality Rating from the Centers for Medicare and Medicaid Services (Heritage Manor and Southgate Special Care)
- Advanced Standing Status by New Jersey Department of Health and the Health Care Association of New Jersey Foundation (Longview)
- The Joint Commission (Ramapo Ridge Behavioral Health)
- The Joint Commission Disease-Specific Certification in the Management of Dementia (Ramapo Ridge Behavioral Health)



Mission

The mission of Christian Health is to foster health, healing, and wellness for people of all ages in a compassionate and loving environment consistent with the Christian principles on which we were founded.

Vision

The vision of Christian Health is to be the hands of Christ through expressions of mercy and love. We aspire to live out our ministry of healing and caring to fulfill the need for quality services offered in a Christian environment. We seek to provide an ever-widening and enriched continuum of high-quality services. We commit ourselves to the Christian principles on which we were founded, thereby enabling us to carry out God's work with integrity and compassion.



Campuses in Wyckoff and Wayne
Mental Health | Senior Living | Rehabilitation
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